

- PhD2 project in Slovakia
- Monika Martišková



Education and Culture DG

Lifelong Learning Programme



- NGO based in Bratislava
- Focus on labour market
  - analysis
  - policies
  - networking



Education and Culture DG

Lifelong Learning Programme



Slovakia



SK  
[www.iz.sk](http://www.iz.sk)



Education and Culture DG

Lifelong Learning Programme



- 5,5 milion people
- high unemployment rate
- high economic growth
- regional differences



Education and Culture DG

Lifelong Learning Programme



- **Personal and Human Development**
- **Psychodrama to Help Disadvantaged**
- **[www.phd2.eu](http://www.phd2.eu)**



Education and Culture DG

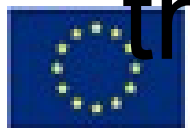
Lifelong Learning Programme



- Centro Studi e Formazione Villa Montesca (Italy)
- Health Psychology Management Org. Services (UK)
- Fundación Comunidad Valenciana – Region europea (Spain)
- Roma Community Centre (Lithuania)
- Mancomunitat de la Ribera Alta (Span)
- IZ Bratislava (Slovakia)
- The Department of National Minorities (Lithuania)
- Education Center and Social Support for People with Disabilities (Greece)



- 7 deafmute clients
  - 3 on low cognitive level
  - 3 higher cognitive level
  - 1 blind and talkative
- location in eastern Slovakia
- living in the same house
- Already had experience with theatre



## Staff included

- Psychologist
- Sign language translator, special pedagogist
- Musician
- Artist
- Videomaker (joint work)
- Costume maker
- Volunteers



Education and Culture DG

Lifelong Learning Programme





- Workshops started in October 2009 and finished in March 2010
- daily work with musician and art therapist
- etuds on
  - taste, sense work
  - emotions
  - role playing



**Type of the session**

**Periodicity**

**Time spent during the session**

**Activities**

**Place**

**Big session**

Once a month

5 days

Getting feedback on work done, progressing the workshops, giving a new tasks

Theatre room/Majak

**Small sessions**

Twice a week

4 hours per day

Working on music, costumes, theatre, video...

Majak

**Spectacle**

One (in March)

All day

Presentation of the work, press conference

Theatre room

- Much more social interaction within a group (feedback)
- Development of relations
- Raising creativity of the actors (creating their own costumes, scene...)
- Asking for video sessions – the way how to improve





Based on emotions:

- sadness
- anger
- happiness

and character changing:

- old
- baby
- beggar

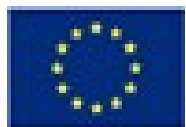


Education and Culture DG

Lifelong Learning Programme



- Individual, couple and group etudes (director who is interviewing young job applicant, three babies stealing the toys to each other)
- 30 minutes spectacle, without words
- accompanied with music created directly at the stage by 4 lower cognitive level clients



Education and Culture DG



- Public
- Short etudes showing emotions
- Discussion with media and audience about spectacle
- Raising awareness about psychodrama and artherapy



Education and Culture DG

Lifelong Learning Programme





Education and Culture DG

Lifelong Learning Programme



EUROPEAN PROJECT



- One of those on high cognitive level
- After the theatre he saw himself in TV
- SMS from friends
- Growth of self-esteem



Education and Culture DG

Lifelong Learning Programme



- breaking daily routine
- cooperation of the participants
- acceptance
- reaching to outer world
- enhancements by video
- expression of opinions
- participation of students

All included participants agreed on the necessity to continue these type of projects with target group, if no the reached effect could disappear



Education and Culture DG

Lifelong Learning Programme



[www.phd2.eu](http://www.phd2.eu)

[www.iz.sk/phd2](http://www.iz.sk/phd2)

[iz@iz.sk](mailto:iz@iz.sk)



Education and Culture DG

Lifelong Learning Programme

